

FOOD FOR THOUGHT

PLANTING THE FUTURE

For very poor families in rural Cambodia it is difficult, on a daily basis, to provide food for the family.

Often parents are forced to take their children out of school to help find or grow food.

Children as young as five years old will often help their parents on their farm.

This is why United World Schools has started to build gardens for all of our schools. In these gardens children and teachers grow sweetcorn, soyabeans, morning glory, and lemongrass. These vegetables are then shared amongst the students and taken home to their families.

@TEAMUWS

#TEACHTHEUNREACHED



**united
world
schools**

FOOD FOR THOUGHT



THINKING POINTS

- Why do 80% of farmers in Cambodia grow rice?
- Children in poor areas will often eat rice three times a day. Why could this make them poorly?
- In UWS School Gardens we plant vegetables that are healthy, easy to grow, and popular in Cambodian cooking. What would you grow in your school garden?

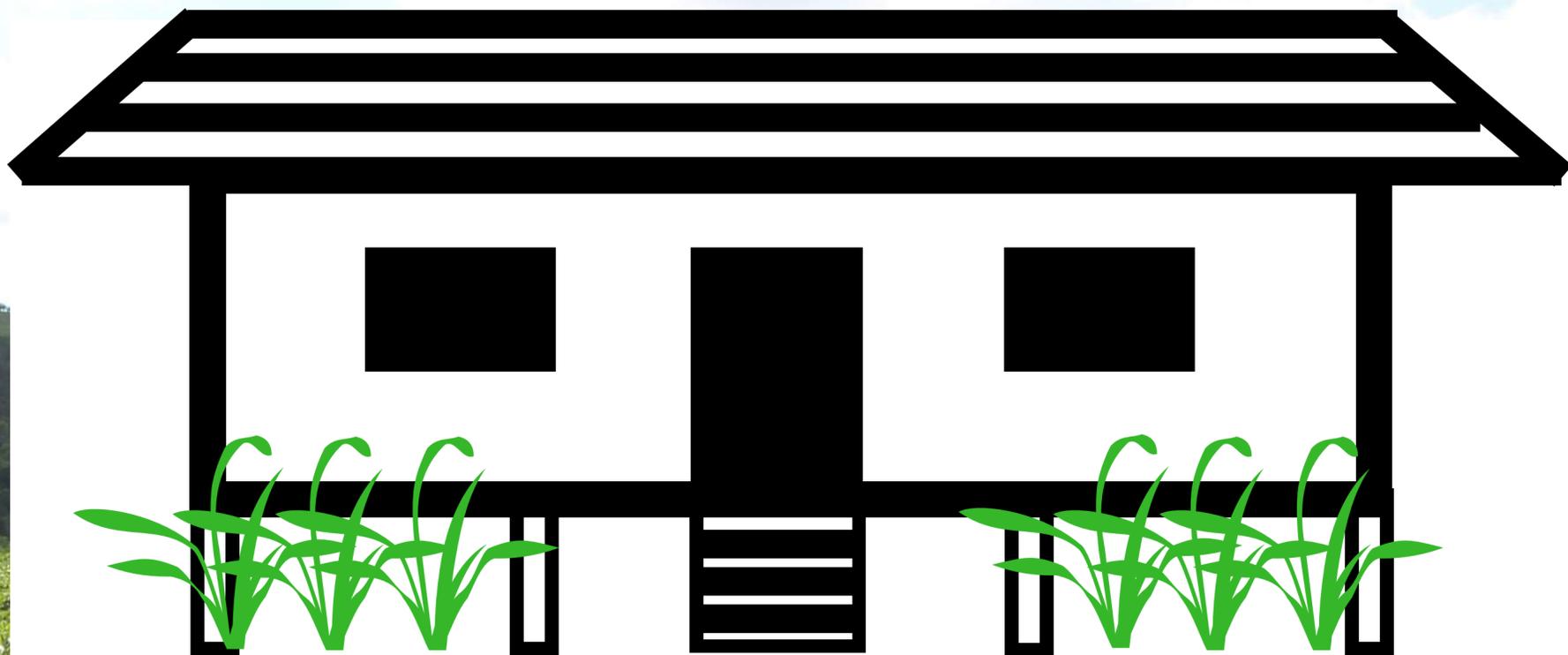


**united
world
schools**

FOOD FOR THOUGHT

ACTIVITY

Design a garden for your UWS School. What do you want to plant? What will you need to help them grow? Who is going to look after them?



**united
world
schools**

FOOD FOR THOUGHT

ACTIVITY

In pairs come up with a list of ten things that are different about food in rural Cambodia. Think about how is it made? How is it transported? How is it cooked? How is it eaten? Share your work with the class.



**united
world
schools**